

**Gillian Frame**  
**Consultant Partner**  
**UK**



Gillian is an experienced business leader, facilitator and coach. She helps individual leaders and groups to amplify their natural strengths, as well as transform limitations or barriers to achieve personal, professional and business success. Her approach and style is founded upon a belief that each of us can choose to grow and develop to create a positive and lasting impact.

She brings over 25 years' experience in people and HR management, leadership development and coaching developed within professional services, financial services, oil & gas, and customer service industries, as well as within not-for-profit and the public sector. Having worked in over 15 countries and 4 continents, she enjoys being able to provide a global perspective to her work.

She has worked in global organisations, leading teams of people and delivering against business plans and targets, which enables her to understand and be grounded in a corporate and commercial environment.

Experienced in designing and facilitating learning solutions to bring about lasting personal change and organisational growth, she works with individuals and groups to raise awareness, develop abilities and gain commitment to action. A recent piece of work included the design and delivery of an 18-month Leadership Learning journey which blended online platform learning with virtual and in-person workshops and one to one coaching for a global energy company. She is Chair of the Board of Trustees for Befriending Networks, an organisation which provides support, training and guidance to hundreds of befriending projects across the U.K. She also regularly works as a Crisis Volunteer Counsellor with Shout, the U.K.'s first free 24/7 text service for people in crisis.

Clients have described her style as professional, warm and credible, with an ability to ask questions that provoke insight and action.

She is a professionally qualified executive and team coach (AOEC), member of the Chartered Institute of Personnel & Development (CIPD), BPS Level A&B qualified, Hogan suite accredited, and is a certified StrengthsFinder Coach.

Prior to joining the consulting world, Gillian held several senior HR and Leadership Development roles within BskyB, and Lloyds TSB.