

Harriet Nelson Consultant Partner United Kingdom



After early roles in event management and public relations, Harriet has 20+ years of experience in the healthcare industry, initially with Korn/Ferry International (Lifesciences Practice) and then with GlaxoSmithKline. Prior to coaching, she worked with leaders to identify and recruit senior or critical talent, and then moved into talent development when managing a global programme for high potential commercial leaders.

As Coaching Director at GlaxoSmithKline, Harriet worked with individuals in multiple countries, cultures and functions. She has experience in building a coaching culture in organisations, international group and team coaching, bespoke session and programme design, transition coaching, global programme management (including the selection and management of coach/facilitator pools and external partners) and coaching capability programme facilitation which includes the training of new coaches.

Building on an education grounded in philosophy and psychology (MSc Occupational Psychology (Birkbeck), Post-Graduate Diploma (London Metropolitan), BA Hons Philosophy (Durham), Harriet has a Diploma in Coaching (Coaching Development) and is accredited at PCC level with the ICF.

She is constantly learning and is currently studying systems with Coaching Constellations which builds on an interest in somatics. Separately, as a lifelong animal lover, she is exploring animal facilitated learning and how horses could be used as part of the coaching process.

Harriet is open to work with a broad range of areas that her clients bring. So far most have chosen to develop their leadership, discover how they can be at their authentic best, find meaning in their careers or as they transition into a new organisation or a significantly different new role.