

Eva Kovacs
Consultant Partner
UK



Eva is an experienced coach who works with individuals and teams, wanting to bring about more consciousness and choice, in the interest of sustainable high performance.

Eva has over 25 years' international business experience, a solid understanding of complex organisational systems, and experience leading an extremely sophisticated corporate coaching practice at a FTSE100 firm.

Eva has an MSc in Executive and Team Coaching from Ashridge, an MA in Humanities and a Postgraduate Diploma in Organisational and Coaching Supervision. She is also an Ashridge and ICF accredited executive coach and an Ashridge accredited OD and Coaching Supervisor. She is a certified user of Hogan Suite and Emotional Intelligence Profile.

Eva believes we all have an innate capacity to renew and show up as our best self in any given moment.

Eva's warm presence, deep listening and willingness to compassionately challenge, helps clients move from fear to love. Her relational and somatic approach helps unpack the behaviours, mindsets and beliefs that drive clients, alongside the broader organisational context.

Eva holds space for leaders to just be. This stillness offers insight, shifts in perspective and intuitive decision making. With renewed clarity and creativity, leaders return to work more informed, mindful and themselves – enhancing leadership, performance and collectiveness.

Eva is committed to living a soulful and connected life, and she brings this quality to her coaching. Clients feel safe, seen and respected as their true self; encouraging them to be the best leader, colleague, parent, partner possible.

Focus: Cross Culture Teams, Senior Women in Leadership, Sustainable Leadership