

Debra Woods
Consultant Partner
UK



Debra is an experienced and highly regarded Consultant, Facilitator and Executive Coach supporting leaders and their teams through times of significant change and challenge in a wide range of clients from start-ups to major organisations, in the UK, Europe and across the world.

Drawing on a manufacturing and commercial background, her own experience of leading teams, and over 30 years as a Consultant and Coach, Debra has worked with many clients including Astra Zeneca, CPP Group, The Football Association, The RFU, Speedo, Pentland Brands, PUMA, Molnlycke Health Care, The Lawn Tennis Association, the Girls' Day School Trust, and Which?

After almost a decade in blue-chip organisations undergoing major change, Debra set up her own business in 1990, working with individuals and teams, supporting them in defining success, and developing useful, positive and focused ways of working to deliver in times of challenge and complexity. With projects across the UK and internationally, Debra has experience in the banking, sport, pharmaceutical, insurance, manufacturing, professional services, education, retail and public sectors.

Her key areas of expertise are people change, leadership effectiveness, growing leadership confidence, personality dynamics, and managing energy for high performance. She works as a Coach with intact teams, fast-forming project teams or with individuals, and as a Consultant and Facilitator to roll out major people initiatives.

Debra has a law degree, is a Fellow of the Chartered Institute of Personnel and Development, is an MBTI and Interstrength practitioner, and member of the British Association of Psychological Type, and is a qualified Coach.