

**Ruth Sangale**  
**Consultant Partner**  
**UK**



Ruth is a London based, creative leadership development facilitator and coach. Prior to setting up her business “Enjoy work” 15 years ago, she worked for many years in HR and OD in the UK’s National Health System designing and delivering leadership programmes. Her area of interest is leadership creativity and innovation and she recently completed an MSc in Innovation, Creativity and Leadership; she is also accredited in the use of creative coaching and facilitation tools in her work.

Her other areas of interest are diversity and inclusion. She has worked in Afghanistan, Brazil, Belize, India and Kenya with a range of clients including UNICEF, Plan International, WHO and UN Women; in the UK she has worked with the NHS, Ministry of Defence and the Cabinet Office facilitating groups and providing one to one coaching. Her passion is designing creative experiences that enable people to think out of the box and have deep insight into what is stopping them from achieving their goals or expressing their leadership potential.

Ruth is a PCC accredited coach with the ICF and a Master practitioner with the EMCC; she also trains people to become qualified coaches.

Ruth has two daughters and likes climbing mountains and salsa dancing.